



Ripples Psychological Ensemble

Seminar: Understanding Dreams, Understanding Yourself

This is the first in a series of seminars in Macau that will explore Analytical Psychology founded by Swiss psychiatrist Carl G. Jung (1875-1961). Carl G. Jung saw the unconscious (symbolized by the ocean or forest) as the source of wisdom for both individuals and society. Jung believed that the dream provides the best possible portrait of the unconscious life of the dreamer at the time of its appearance.

In therapeutic practice, dream analysis can be helpful for both therapist and client/patient in understanding, assessing and clarifying current psychological problems and even finding potential solutions to issues related to past trauma, work and career, marriage and relationship, sexuality, spirituality and mid-life challenges. You will learn to explore the meaning of symbols as they relate to the dreamers' psychology and culture.

This workshop will begin with a general introduction to working with dreams in psychotherapy. Case studies will be presented to illustrate the application of dream analysis in the therapeutic process. Participants are encouraged to bring their personal and/or clients' dreams for group discussion. This workshop will be open to practitioners in the helping profession, and also educators, writers, artists and those who are interested in understanding and knowing themselves.

Please feel free to contact our staff for details: Macau 28882435 • www.ripplesripples.com • info@ripplesripples.com



Ripples

Ripples Psychological Ensemble

Seminar: *Understanding Dreams, Understanding Yourself*

Goal: Through Dream Analysis, helping professionals can deepen and expand their own self understanding. This process is well recognized as an important path for personal and professional development.

Speaker: Dr. Shirley Ma

Date: 1 Dec, 2007 (Sat)

Time: 3:00pm-5:00pm

Venue: Macau, Bookachino 澳門聖德倫街 434 號, 獲多利大廈地下 (皇朝區, Dee 8 餐廳旁邊)

Number of people: 20-30

Medium of instruction: Cantonese and English

Deadline for registration: 25rd Nov, 2007

Seminar Fee: MOP\$300 (Note: Early bird discount at \$250 if registration before 18th Nov, 2007)

Registration and Payment: Please deposit the stated amount into BCM bank account: **Ripples Psychological Ensemble, account # 2301-525**, then email (rebeccal@ripplesripples.com) us both your registration form and bank receipt before 18th Nov (early bird) or the latest by 25th Nov. For faxing assistance, please call 2888 2435.

Name		Today's Date	
Email		Phone	
Occupation		Gender	
I have deposited <input type="checkbox"/> MOP \$250 <input type="checkbox"/> MOP \$300 into Ripples Psychological Ensemble, BCM bank account 2301-525. <input type="checkbox"/> Bank receipt is attached.			



Speaker Profile: *Dr. Shirley Ma*

Dr. Shirley Ma holds the distinction of being the only Chinese Jungian Psychanalyst to graduate from the Carl G. Jung Institut in Zurich, Switzerland (1984-89). Born in Hong Kong, Shirley received her Diploma in Analytical Psychology (N. American Ph. D equivalent) from the Jung Institute. In 1990, Shirley returned to Toronto from Zurich and has been in private practice ever since. In 2006 Shirley relocated to Hong Kong and set up her analytic practice there.

This unique ability to combine Chinese and Jungian thought has led to her teaching workshops, leading seminars, and being a guest lecturer around the world. She regularly teaches summer courses at the Jung Institute and the International School of Analytical Psychology both in Zurich. She has lectured as a guest faculty member for Jungian societies in New York, Dallas, Buffalo, Montreal, and Ottawa. She has also lectured in the departments of Psychiatry, Psychology, Social Work and Behavioral Health at the University of Hong Kong, and is currently Honorary Assistant Professor in the Psychology Department there. Dr. Shirley Ma has made presentations at international conferences in Europe, North America and China. Her publications that explore the connections between Eastern and Western thought and spirituality include the chapter on “Jung and the Chinese Way” in *Psychology and Religion in the New Millennium and Beyond*, edited by Marvin Spiegelman, Arizona: New Falcon Press, 1998; and “The I Ching and Psyche-body Connection” in *Journal of Analytical Psychology*, 2005.

As a teacher and seminar and workshop leader, Shirley has served as the Senior Training Analyst on the faculty of the Analyst Training Program in Toronto, Canada. She is also on the faculty of the Carl G. Jung Institute and the International School of Analytical Psychology both in Zurich, Switzerland. Recently she founded Jung Centre Hong Kong which serves as a forum for Jungian psychoanalytic training in Asia: www.jungcentrehongkong.com

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