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Central, Hong Kong • 8108 4788 • Suite 10A, No. 1 On Hing Terrace, Central, Hong Kong •
Coloane, Macau • 2888 2435 • PO Box 5035, Coloane, Macau •

Dr. Kay Chang, PsyD

Dr. Kay Chang is a California State Licensed Clinical Psychologist and an Internationally Certified Alcohol and Drug Counselor. She has been working in the mental health professional since 1994 and is fluent in both Cantonese and English. She obtained her Doctor of Clinical Psychology degree from the renowned California School of Professional Psychology in the San Francisco Bay Area, United States. Trained and practiced as a clinical psychologist in California, her diverse clinical training background is noticeably extensive including chemical dependency program, hospital inpatient work, community mental health clinic setting, family & at-risk youths outreach projects, university counseling, crisis respond team rotation, supervision duties, as well as developing and directing an addiction program.

Besides having the experience of working with individuals and groups with mood disorders, bereavement, identity issues, life adjustment crisis, and addictive behaviors, Dr. Chang also has a focus on helping individuals struggling with personality issues, cross-cultural/minority mental health concerns, psychodiagnostic and neuropsychological assessment, creativity advancement, spiritual developments, trauma survival, and quality supervision for other human services professions.

As a seasoned clinical psychologist, Dr. Chang currently maintains her private psychological practices one in Hong Kong and one in Macau. Teaching with a vision, Dr. Chang is an Assistant Professor and the Internship Coordinator at the University of Macau's psychology program helping to train the first generation of Macau psychological providers.